Lesson 1 | Set-Up Reduction Background

- What is set-up reduction?
- What are the benefits of set-up reduction?
- How do ineffective set-up practices contribute to the "Seven Wastes" especially in the Overproduction, Inventory and Waiting categories.

Lesson 2 | Five Steps for Faster Set-Ups

- Be Prepared
- Combine or Eliminate Tasks
- Optimize Tools and Fasteners
- Train, then Practice
- Monitor Performance
- (... and then repeat.)

Challenge

- An assessment of the learner's progress in this course.